

A case of hospital care - Unintended harm

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Learning objectives: The medical errors and the unintended harm are costly sideslips and result in money spent with prolonged hospitalization and additional treatment.

The lack of personnel, the crowded and overwhelmed hospitals and the increased procedural steps and bureaucracy are contributors to medical errors.

Case information: We present a case of a 78 years old woman, with mixed dementia and internalized in a permanent mental health sanatorium, with a history of COPD and chronic respiratory failure with long term oxygen-therapy. She was admitted to the Clinic of Respiratory Diseases after acute onset and rapidly progressing dyspnea, cough with difficult expectoration and alteration of general status.

The evolution was favorable after 10 days of treatment, O₂ saturation reverting to 96% with 2 L/min. The day before her release, at the morning round we found out that she presented a saturation of 87% with same amount of oxygen and while increasing the O₂ flow to 3 then 4 L/min, the peripheral saturation was the same.

We found out that after the administration of aerosols the night before, due to the fact that the aerosol mask was connected with a separate tube to the same O₂ source with the O₂-therapy mask, the nurse mixed the two tubes. She set the O₂-mask on the patient but the O₂ source remained connected to the aerosols mask, so our patient did not receive O₂ for almost 12 hours.

Discussion: Although no permanent physical damage was done, the hospitalization of this patient was prolonged with another 2 days. If there would have been more nurses that had more rounds, this error could have been corrected earlier. We cannot possibly make procedures for every unintended harm we discover but we can have an ongoing process of revision of our currently procedures by communicating this kind of errors.